

# Easy Living

From the  
publishers of  
**VOGUE &  
GLAMOUR**

MARCH 2011 £3.60

## HEALTH

### HEALTH TIPS THAT SAVE YOU TIME AND MONEY

(and might even  
save your life)

## IN DEPTH

### Found! The perfect bra

Yes, really, it  
does exist...

## *Halve your stress* **DOUBLE YOUR JOY!**

\* A sure-fire way to feel  
brilliant in just one hour

\* Romantic books,  
spellbinding films  
& super-useful apps

\* Stylish, creative,  
easy home updates

## COVER STAR

**Geri Halliwell**

Gorgeous, glamorous  
and all grown-up

## FASHION

### **GREAT CLOTHES FOR REAL WOMEN**

And how to  
wear them

## FOOD

### **LESS HASSLE LESS COOKING MORE TASTE**

The meals that  
just keep on  
giving

## BEAUTY

### **WINTER SKIN SOS**

How to calm,  
soothe and  
nourish it





## SUN AND SERENITY IN THE SOUTH OF FRANCE

### → LeSarrail

**STAY** We've long had an eye on one of these idyllic Languedoc homes – the handiwork of Anglo-French couple Becky and Philip. After five years, they've finished renovating their fourth (and final) converted barn: Masion Olive.

Like its three neighbours (which sleep between five and eight), its sleek spaces and polished concrete floors have been furnished with an eclectic mix of stylish mid-century retro pieces: Paul Tuttle chairs, modern furniture and Berber rugs, as well as Egyptian cotton sheets, lambswool blankets and flatscreen TVs. But they've made it kid-friendly by providing baby equipment (cot, highchair, baby chair, steriliser, etc) and toy baskets, stacks of DVDs and art kits. Add to that the gobsmacking Pyrenees backdrop and mesmerising peace, and it's no wonder 70 per cent of guests re-book.

**PLAY** The beautiful pool is *the* place to be when summer temperatures sore to 30°C plus, and the private grounds are a haven for kids to roam free, but are small-enough for parents not to worry. There's also a barn equipped with games and toys, including ride-ons and table football, and a children's area with swings, a log cabin and a large trampoline.

For adults there's wine tasting, yoga, massage, reflexology and babysitting available. You're also just an hour from the Med and the same from the slopes. There are UNESCO sites galore, too: Canal du Midi, the medieval castle La Cité in Carcassonne, and the beautiful town of Albi.

**PAY** Hire Maison Olive from €1,250 (around £1,053) a week. Visit [lesarrail.com](http://lesarrail.com). ■



Boutique house  
Maison Olive is  
achingly cool as well  
as child-friendly